



**EXPLORE
YOUR
WORLD
WITH**

**GROWUSA
AND
CICD**

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**CICD WORK
& TRAVEL**

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ABOUT THE AUSTRALIA AND NEW ZEALAND J-1 12 MONTH WORK AND TRAVEL PROGRAM

CICD's J-1 12 Month Work and Travel program in the United States provides paid working holiday opportunities for participants to work during or after their TAFE, Polytech or university studies. This program allows participants to travel and experience daily life in the USA and can contribute to their lifelong personal and professional growth. A once-in-a-lifetime opportunity not to be missed!



CICD J-1 WORK & TRAVEL SPONSORSHIP INCLUDES:

- DS-2019 Form required to apply for your J-1 Work and Travel Visa
- Home country interview, orientation, and support
- Useful program and cultural information and J-1 visa application tips
- Monitoring and support of your program from start to finish
- Coordination of your work and travel program health insurance
- 24-hour emergency phone number and support
- Health Insurance for the entire program duration
- Letter to consular office
- Letter to social security officer
- J-1 12-Month Work/Travel Pilot Program
- Participant Handbook
- Evaluation report package from GROW USA
- Emergency and non-emergency assistance from CICD



"The J-1 Visa Program is nothing short of life changing. In my year abroad in New York I learnt so much more than I ever have from any studies or employer. The experience is unbelievably enriching, rewarding and fulfilling, and is a must do for every recent Australian graduate. The team at CICD make all the tedious paperwork and formalities a seamless process, and were always swift to resolve any problems I was faced with. They were the aspirin to my headache, and I must give a huge thank you to the team for facilitating by far the best year of my life."

Matt
CICD Work & Travel Participant in New York



PROGRAM FEES

J-1 12-Month Program (AU) AUD759*

J-1 12-Month Program (NZ) NZD799*

* Not including required basic insurance coverage

PROGRAM FEES DO NOT INCLUDE:

Airfare to the U.S.
Airport transfers
Domestic transportation expenses
Visa application fees at the U.S. Consulate/Embassy in participant's home country
Living expenses, including, but not limited to: rent, utilities, deposits, furnishings, meals etc.

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